SUMMER PROGRAM EVENTS 2026 / 2027

	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
PROGRAM 1	100m	200m	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m
	60m H (20cm)	60m H (30cm)	500m Pack	800m	800m	800m	800m	800m	800m	800m	800m	800m
	Discus (350g)	Discus (350g)	70m	70m	70m	Triple Jump	Triple Jump	Discus (1kg)	Discus (1kg)	Discus (1kg)	Discus (1kg/1.5kg)	Discus (1kg/1.5kg)
	Long Jump (1m mat)	Long Jump (1m mat)	Discus (500g)	Discus (500g)	Discus (500g)	Discus (500g)	Discus (750g)	High Jump (Flop)	High Jump (Flop)	High Jump (Flop)	High Jump (Flop)	High Jump (Flop)
								200m H (68cm)	200m H (76cm)	300m H (76cm)	300m H (76cm)	300m H (76cm)

	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
PROGRAM 2	70 m	70 m	500m Walk	700m Walk	1100m Walk or 60m	1100m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m
	Shot Put (1kg)	Shot Put (1kg)	Turbo Javelin	Turbo Javelin	Turbo Javelin	Javelin (400g)	Javelin (400g/600g)	Javelin (400g/600g)	Javelin (500g/700g)	Javelin (500g/700g)	Javelin (500g/700g)	Javelin (500g/700g)
	100m	100m	100m	400m	400m	400m	400m	400m	400m	400m	400m	400m
	Vortex	Vortex	Long Jump (1m mat)	Long Jump (0.5m mat)	Long Jump (0.5m mat)	High Jump (Flop)	High Jump (Flop)	Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump
		300m Pack										

	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
PROGRAM 3	100m	200m	High Jump (Training)	High Jump (Scissors)	High Jump (Scissors)	1500m	1500m	1500m	1500m	1500m	1500m	1500m
	60m H (20cm)	60m H (30cm)	60m H (45cm)	60m H (45cm)	60m H (60cm)	80m H (60cm)	80m H (68cm)	80m H (76cm)	80/90m H (76cm)	90/100m H (76cm)	100/110m H (76cm)	100/110m H (76cm)
	Discus (350g)	Discus (350g)	Shot Put (1.5kg)	Shot Put (2kg)	Shot Put (2kg)	Shot Put (2kg)	Shot Put (3kg)	Shot Put (3kg)	Shot Put (3/4kg)	Shot Put (3kg/4kg)	Shot Put (3kg/5kg)	Shot Put (3kg/5kg)
	Long Jump (1m mat)	Long Jump (1m mat)	200m	200m	200m	200m	200m	200m	200m	200m	200m	200m
						Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump

SUMMER PROGRAM EVENTS 2026/ 2027

PROGRAM 4

U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
70m	70m	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m
Shot Put (1kg)	Shot Put (1kg)	500m Pack	800m	800m	800m	800m	800m	800m	800m	800m	800m
100m	100m	70m	70m	70m	Triple Jump	Triple Jump	Discus (1kg)	Discus (1kg)	Discus (1kg)	Discus (1kg/1.5kg)	Discus (1kg/1.5kg)
Vortex	Vortex	Discus (500g)	Discus (500g)	Discus (500g)	Discus (500g)	Discus (750g)	High Jump (Flop)	High Jump (Flop)	High Jump (Flop)	High Jump (Flop)	High Jump (Flop)
	300m Pack						200m H (68cm)	200m H (76cm)	300m H (76cm)	300m H (76cm)	300m H (76cm)

PROGRAM 5

U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
100m	200m	500m Walk	700m Walk	1100m Walk or 60m	1100m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m	1500m Walk or 60m
60m H (20cm)	60m H (30cm)	Turbo Javelin	Turbo Javelin	Turbo Javelin	Javelin (400g)	Javelin (400g/600g)	Javelin (400g/600g)	Javelin (500g/700g)	Javelin (500g/700g)	Javelin (500g/700g)	Javelin (500g/700g)
Discus (350g)	Discus (350g)	200m	400m	400m	400m	400m	400m	400m	400m	400m	400m
Long Jump (1m mat)	Long Jump (1m mat)	Long Jump (1m mat)	Long Jump (0.5m mat)	Long Jump (0.5m mat)	High Jump (Flop)	High Jump (Flop)	Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump

PROGRAM 6

U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
70m	70m	High Jump (Training)	High Jump (Scissors)	High Jump (Scissors)	1500m	1500m	1500m	1500m	1500m	1500m	1500m
Shot Put (1kg)	Shot Put (1kg)	60m H (45cm)	60m H (45cm)	60m H (60cm)	80m H (60cm)	80m H (68cm)	80m H (76cm)	80/90m H (76cm)	90/100m H (76cm)	100/110m H (76cm)	100/110m H (76cm)
100m	100m	Shot Put (1.5kg)	Shot Put (2kg)	Shot Put (2kg)	Shot Put (2kg)	Shot Put (3kg)	Shot Put (3kg)	Shot Put (3/4kg)	Shot Put (3kg/4kg)	Shot Put (3kg/5kg)	Shot Put (3kg/5kg)
Vortex	Vortex	200m	200m	200m	200m	200m	200m	200m	200m	200m	200m
	300m Pack				Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump